



THE ADITYA BIRLA INTEGRATED SCHOOL

JUNE - SEPTEMBER 2020

ISSUE - 01



MS. PIYA MARKER
DIRECTOR - HEAD OF SCHOOL

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*It is not the strongest
or the most
intelligent who will
survive, it is the one
who best manages
change.*

- CHARLES DARWIN

Seven months ago not one of us expected that we would be in the situation we are in. Our freedom, our families, our friends and our work at risk. Still, it does not seem like we have spent seven whole months in this surreal environment. We are all survivors and for that we must all be proud of ourselves. Who ever imagined a work from home, learn from home, and stay at home to last this long. But here we are definitely stronger, definitely more grateful and more aware of all the things we took for granted.

Our biggest teachers have been the children in our lives, they have adapted to this change and risen to the demands of this unfathomable world with positivity and blind faith in all of us. Whether as parents or teachers it is our sole responsibility to ensure this positive outlook is forever for our children.

This situation will end one day, but what will last forever is how we felt through it. So I ask you all, let's make this count!

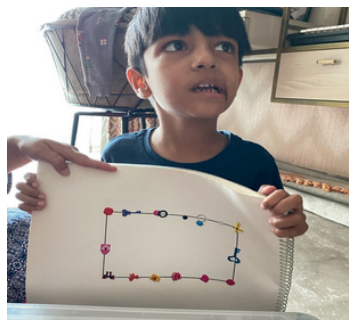
Our love and support always.



Congratulations Pratham Students

We are immensely proud to announce that our students have successfully completed 3 papers (EVS, Prevocation and English) out of 5 in their Level A Pratham Board Exams, with flying colors. Heartiest congratulations to all the students, parents, and teachers for this achievement. You all did a fantastic job. Keep it up!

ACTIVITY BASED LEARNING GRADE: EIP - 2, 3



MATH - Shapes

Students learning the Rectangle Shape through fun activities like sticking stickers along the borders of the rectangle, tracing along the rectangle using their fingers & games like jumping on the shape called out.



ART & CRAFT- Aquatic Life

Our children with their 2 little hands made a pretty Octopus with 8 little legs in their Art and Craft class.

ACTIVITY BASED LEARNING
GRADE: GIP - 1, 2, 3 & 4



EVS - Animal Kingdom

Students created different wild animals using their hand print while learning about the animal kingdom.



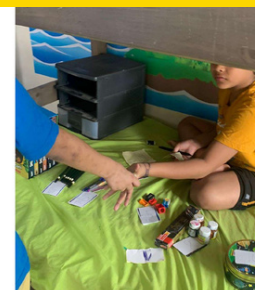
EVS - Plant Growth

Growing a plant is believing in the future and our little children sure have a bright future ahead of them. Our students learnt the importance of plants by growing and nurturing them.



MATH - Money

While learning the concept of Money, students of GIP Level 4 and their families went on a shopping spree where they conducted a mock shop at home.



MATH - 3D Shapes

Children made items using material available at home like scrap paper, clay, dough and toys to demonstrate 3D shapes.



EVS - Food & Healthy Living

Students made their own healthy food plate to understand the importance of a balanced diet.

ACTIVITY BASED LEARNING
GRADE: 1



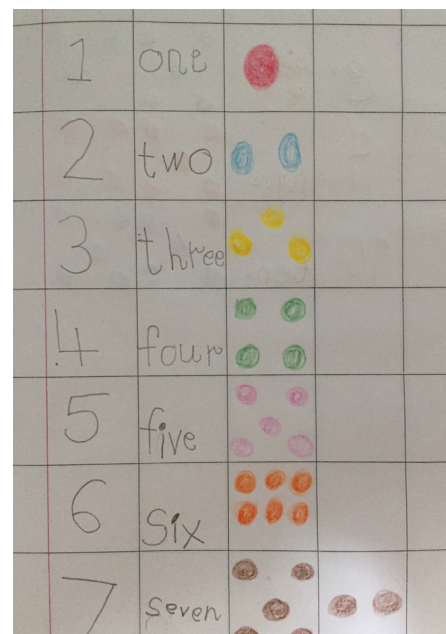
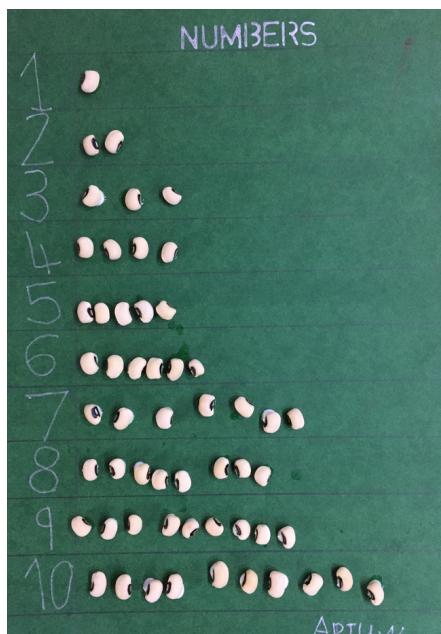
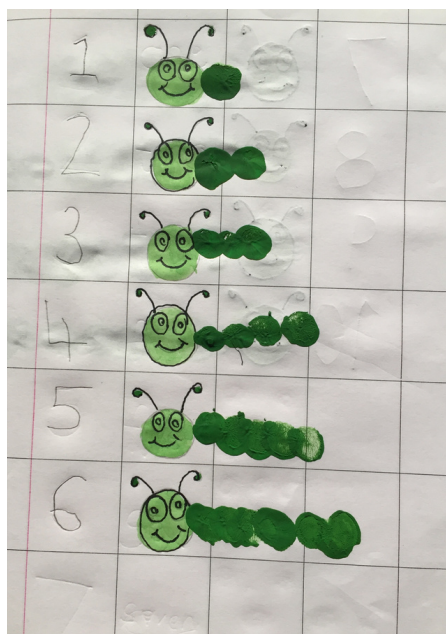
Phases of the Moon

Students understood the different phases of the moon and the earth's rotation via this activity using Oreo biscuits.



The World Around Us

In this activity, students were made to understand that blue color represents water and green color represents land.



Number Fun

The objective of this activity was to understand the value of numbers and take students from a concrete to abstract concept.

ACTIVITY BASED LEARNING
GRADE: 3 & 4

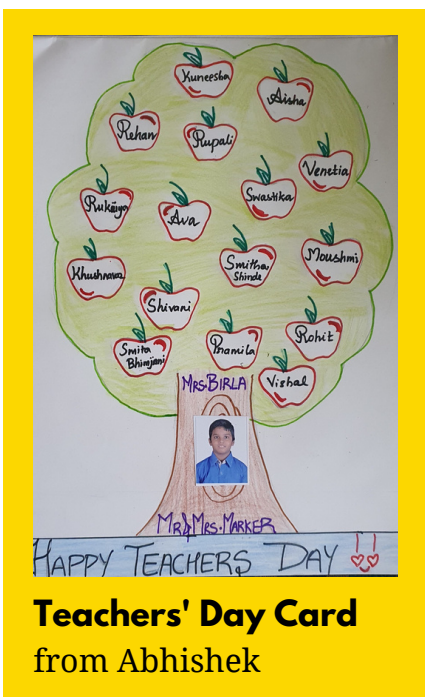


Abdullah's Butterfly

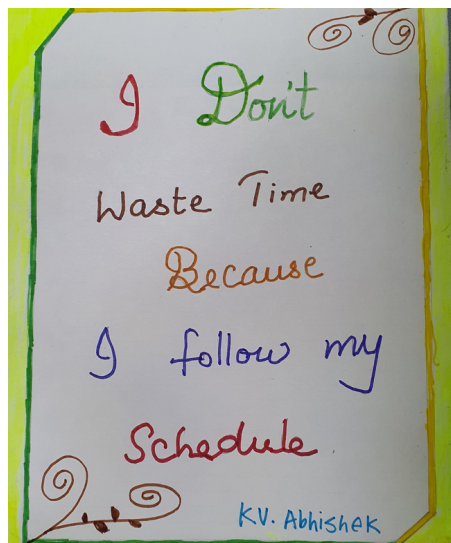
The students created their own paper butterfly to enact the scene from the story Abdullah's Butterfly in which Abdullah spots the beautiful butterfly.

Organ System

Students made models of organs to gain an understanding of respiratory & digestive systems.



Teachers' Day Card
from Abhishek



Time Management

Students learned about time management and task scheduling in this activity.

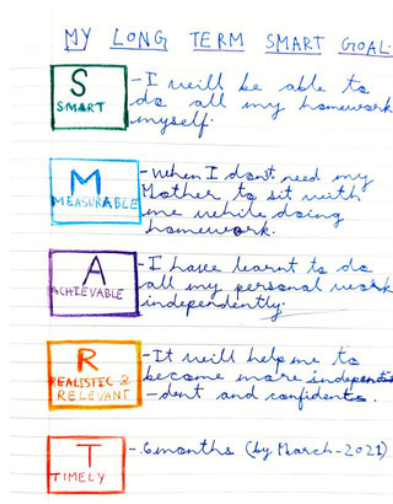
ABHISHEK - WEEKLY SCHEDULE							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6 AM	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP		
7 AM	BRAIN GYM	BRAIN GYM	BRAIN GYM	BRAIN GYM	BRAIN GYM		
8 AM	BATH GET READY	BATHING GET READY	BATH GET READY	BATH GET READY	BATH GET READY	WAKE UP	WAKE UP
9 AM	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
10 AM	ONLINE SCHOOL TIME	ONLINE SCHOOL	ONLINE SCHOOL	ONLINE SCHOOL	ONLINE SCHOOL	CARTOON MOVIE	CARTOON MOVIE
11 AM						FREE PLAY	FREE PLAY
12 NOON							
1 PM	STUDY TIME (MATHS)	STUDY TIME (SCIENCE)	STUDY TIME (SCIENCE)	STUDY TIME (SCIENCE)	STUDY TIME (SCIENCE)	TV TIME / CYCLE TIME	TV TIME / CYCLE TIME
2 PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
3 PM	COMPUTER TIME	COMPUTER TIME	COMPUTER TIME	COMPUTER TIME	COMPUTER TIME	COMPUTER TIME	COMPUTER TIME
4 PM	MINDSPARK TIME	HOBBY (ART)	HOBBY (DRAWING)	HOBBY (LEGO)	HOBBY (BOARD GAME)	BALL PLAY	BALL PLAY
5 PM	WEEKLY THERAPY	THERAPY	THERAPY	THERAPY	THERAPY	FREE PLAY	FREE PLAY
6 PM	POSTAL TIME	POSTAL	POSTAL	POSTAL	POSTAL	POSTAL	POSTAL
7 PM	HOMEWORK	HW	HW	HW	HW	HW	HW
8 PM	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
9 PM	PHONE TIME	PT	PT	PT	PT	PT	PT
10 PM	BOOK READING	READING	READING	READING	READING	READING	READING
10:30 PM	GO TO BED	SLEEP	SLEEP	SLEEP	SLEEP	SLEEP	SLEEP

ACTIVITY BASED LEARNING
GRADE: 5 & 6



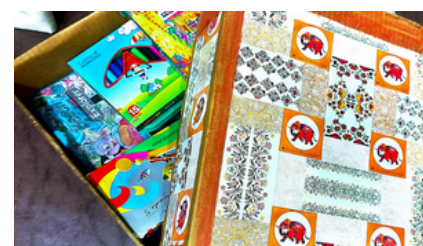
Beautiful Bugs

Students participated in an activity called 'Crafty bugs' to make learning fun in relation to their ongoing English learning unit - 'Beautiful Bugs'.



Goal Setting

Students designed SMART goals for themselves while learning about the concept of Goal Setting and planning.



Reduce, Reuse, Recycle

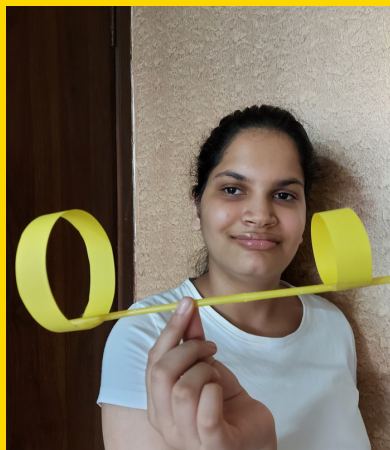
As a part of the chapter 'Health & Hygiene' students were asked to make a useful item out of waste material available at home.



Common Hobby

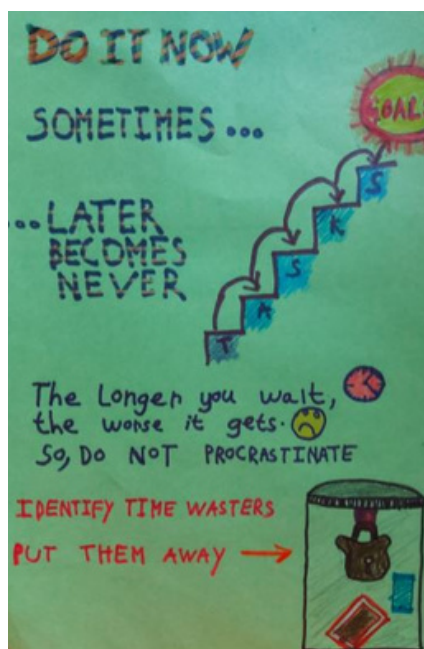
The topic of mental health and hobbies was covered in the chapter 'Health & Hygiene'. The students were paired with each other and had to complete the activity based on their shared interest or common hobby. The hobbies ranged from drawing, singing to cooking. The students enjoyed doing the activity & finding out more about themselves and their classmates.

ACTIVITY BASED LEARNING
GRADE: 5 & 6



Travels Far & Wide

Students of grade 6 engaged in a craft activity, 'Air crafting around' to enhance their learning experiences in relation to their current English learning unit on 'Travels far and wide'. Students used basic craft materials available at home to create a simple yet unique design which can fly!



Time Management

Students of Grade 6 designed posters to create awareness on the topic of 'Procrastination and Time Wasters'. They have learnt to develop a positive attitude towards task completion by adapting to various strategies discussed during the Remedial Class.



Poster Making

Students created Awareness Posters on 'Health & Hygiene'. They were explained how posters are made and then had to use their creativity to make one for the topic they were assigned. Students added their own creativity and ideas to the topics that were covered in the chapter.



Welcome to School

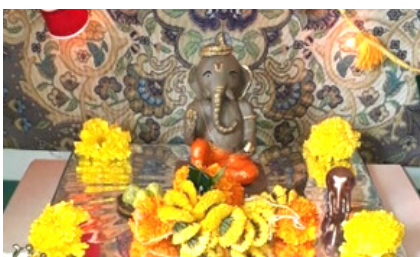
Arjun Annamwar - Grade 1
 Aanya Kalbag - Grade 3
 Hatim Dohadwala - Grade 4
 Sharanya Gupta - Grade 5

Happy Birthday

Grade 3 - K.V.Abhishek - 12th August
 Grade 3 - Aanya Kalbag - 29th August
 Grade 4 - Shaunak Joshi - 1st August
 Grade 5 - Sharanya Gupta - 19th September
 Grade 6 - Craig Crasta - 7th August
 Grade 6 - Ananya Khaund - 5th June
 Grade 6 - Parth Shethia - 28th June
 Grade 7 - Aarav Jain - 29th June
 Grade 7 - Aarav Ahuja - 15th July
 Grade 8 - Jaansi Jain - 2nd July
 Grade SL1 - Jumana Patrawala - 6th August
 Grade SL1 - Garima Singh - 8th August
 Grade SL1 - Muhammad Patni - 10th August
 Grade SL2 - Jainam Doshi - 21st September
 Grade JCL1 - Siraat Khan - 14th August
 Grade JCL 2 - Aryan Sansare - 10th July
 Grade JCL 2 - Kshirja Garg - 20th July



Birthdays are special for everyone - a day of fun and frolic with friends and family. With social distancing and restrictions on meeting friends, birthday parties are out of question! But our class teachers made up for it by conducting virtual celebrations and other activities, making sure the pandemic does not dampen the party spirit.



Student Talent

Parth Shethia (Grade 6) created this Ganesh idol from eco-friendly materials, making the celebration even more special. We love it when our students put theory into practice and go the sustainable way!

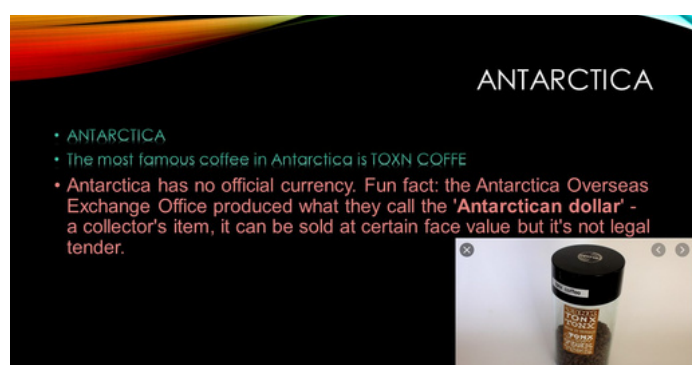
ACTIVITY BASED LEARNING
GRADE: SL1

Cup of Joe

“Cup of Joe” was an interesting activity done with grade SL1, in their Math class for their unit on currency conversion.

They were asked to research about the different kinds of coffee available around the world. They had to find its cost and convert the price into Indian Rupees.

The project aimed at helping students learn about the different currencies across countries and continents and practice currency conversion to INR. It also gave them an exposure to the variety of coffee drunk around the world and how the cost varies from country to country.



ANTARCTICA

- ANTARCTICA
- The most famous coffee in Antarctica is TOXN COFFE
- Antarctica has no official currency. Fun fact: the Antarctica Overseas Exchange Office produced what they call the 'Antarctican dollar' - a collector's item, it can be sold at certain face value but it's not legal tender.



JAPAN, ASIA

- The currency used in Japan is Yen
- ¥1 = ₹ 0.7
- Cost of one cup of coffee in Japan = ¥ 300
- Hence, cost of one Japanese coffee in INR = $300 \times 0.7 = ₹ 210$



Indonesia

- South East Asia
- **Kopi Luwak**
- 1 Indonesian rupiah = 0.0051 Indian rupee
- Approximate price of 200 g of Kopi Luwak will be 650000 rupiah = ₹3315 Indian rupees
- It is the world's most expensive coffee

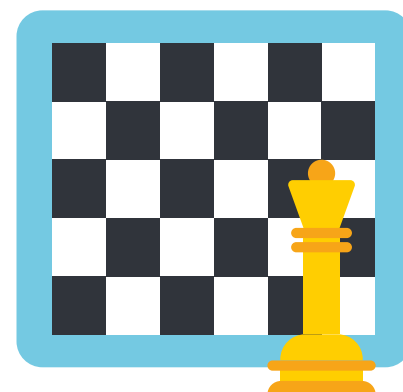


CUP OF JOE
Jumana Palrawala

Online Chess Activity

Year 2020 has turned out to be a very challenging year for all of us. Our students had to stay at home during their vacations due to lockdown. Even now there is no physical school and students miss their friends, classmates and outdoor games.

During this time, indoor game like CHESS can be their best companion. In this new academic year, our students have started learning chess ONLINE. We are using LICHESS (Chess Website) to learn the basics of the game, solve puzzles and play games. Along with FUN, it is providing new opportunities to learn different tactics and strategies.



GUEST LECTURES

The lockdown and online schooling did not come in the way of our endeavor for experiential teaching and exposing our students to the world outside. We invited experts from various walks of life and arranged for Webinars to enhance classroom learning.



Mr. Bharat Ranka, a veteran in the advertising industry, interacted with our Grade JCL2 students regarding the current advertising and Public relation trends in the industry.

In order to understand the practical aspects internet and the role of digital media in today's world, the students of Grade JCL2 had an interactive session with **Mr. Harshil Karia**, the CEO of Schbang Digital Marketing Company.

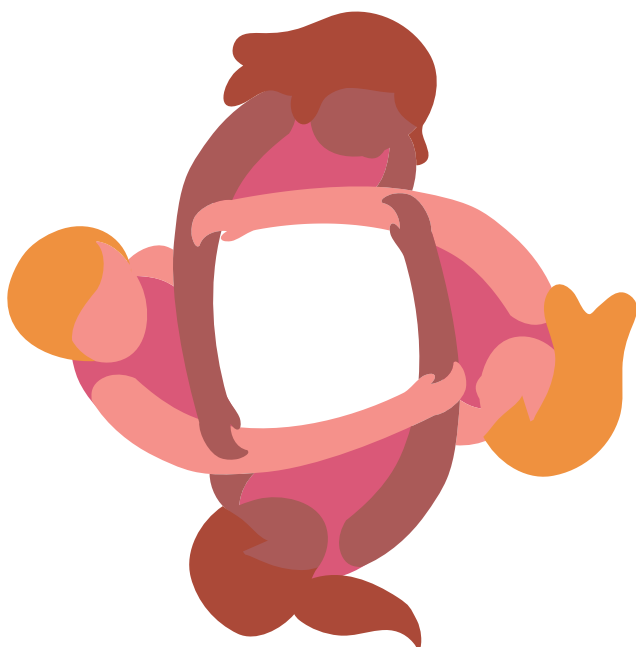


Dr. Dheeraj V. Mulchandani, a Consultant - General and Laparoscopic Surgeon with over 16 years of experience facilitated a session for students of Grade SL2 on health & immunity.

Ms. Avani Mishra, our Senior School faculty member, interacted with our college students on communications through gestures in the mass communication class and discussed communication through sign language.



CIRCLE TIME



An interesting activity was conducted in Grade SL1 by their class teacher, Ms. Delnaz, on Positive and Negative Reinforcements.

Using Break-out Rooms, the class was divided. 2 students were asked to do a simple activity of bouncing a ball and catching it with one hand. The remaining class was divided into 2 groups - one group was asked to motivate and cheer their friends as they would do the activity and the other group was asked to demotivate the students who were doing the activity with discouraging words & phrases.

These instructions were given discreetly so none of the students knew what was actually going to happen.

When the activity started, the students announced that they could do on an average of 40-50 bounces in their practice sessions. When they performed in front of the class and a few of their friends were positively cheering them on, their score increased. However, once the other group started demotivating them, their scores dipped significantly.

The students then shared their views and admitted that they were disturbed and felt upset when they were being booed and hence could not perform. On the other hand, they did not feel like giving up even if they were not performing their task well as their friends were egging them on.

Hopefully, the learnings of this activity will transcend into their real life situations as well.



Occupational Therapy

Our Occupational therapists at TABIS have been working and thinking tirelessly to develop effective online sessions. Therapy is focused on improving gross motor and fine motor skills, visual motor integration, cognitive abilities with the utilization of a special toolkit that the student and therapist use in tandem. The toolkit may contain squish balls, bands, tactile elements, pencils, learning sheets, scissors, and play-dough, common household items like toothpicks, cards etc. Through this tangible modality, the therapist engages the student in enhancing their abilities. Children need these skills to function and socialize in their home, school, play and community environments.

trying your
best



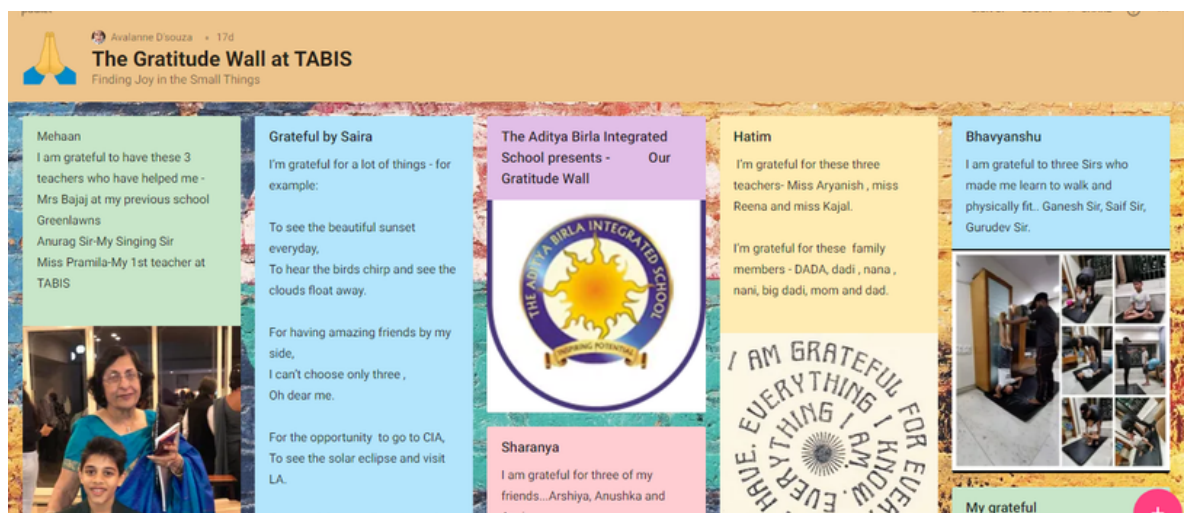
Applied Behaviour Analysis Therapy

The virtual platform has been effective for our kids for ABA Therapy as they are now able to sit in front of the screen and perform various activities. Virtual therapy has also been effective for parents to learn different strategies from therapist on everyday basis. They can discuss behavior issues they experience at home, strategies to manage them and increase various skills for their child. Through this platform, therapist can regularly follow up with the parents as well. Kids have also started using the keyboard and computer mouse through this virtual therapy session. Behavior Intervention has been made as fun and appealing for kids as possible in order to motivate them to learn in a positive and enjoyable therapy environment.

Having an “Attitude of Gratitude” simply means being thankful for the countless blessings that are already present in your life. It means acknowledging those little things that we sometimes take for granted like the fact that we can hear, see, smell, taste and touch; that we can go to school no matter what gender we belong to; that we have technology to take us to school every day and our loved ones are just a video call away. Gratitude helps us shift our focus from what life lacks to the abundance that is already present. It throws a light on all the things that we already have instead of focusing on the things that we want.

In addition, behavioural and psychological research has proven that there can be significant life improvements that can stem from the practice of gratitude. Giving thanks makes people happier and more resilient, it strengthens relationships, it improves health, and it reduces stress.

So as part of the **MINDS MATTER** curriculum this year, the students were asked to create a “Gratitude Wall” on Padlet, where they could post the multiple things they are grateful for today. All the students were given a list of 'Gratitude Statements' to help focus on different avenues in their life which we sometimes might take for granted.



I was presently touched by their beautiful messages and pictures of family & friends that make their lives so meaningful. I couldn't miss the chance to share all their amazing messages with you and so I present “**The GRATITUDE WALL at TABIS**”! It has a compilation of over 110 messages of gratitude by our students from Grade 1 to JCL2.

Kindly click the following link to view, read and post your own messages of Gratitude:
<https://padlet.com/avalanned/s9ojzywbp0ibafbk>

And like I always say, “Have fun doing the activity!”

Appreciatively Yours,
Ms. Avalanne D’souza

Welcome to Our New Staff



Ms. Khushnavaz Bhatena is a Special Educator and school counsellor, with over eight years of experience in educating children with special needs. She has completed SEND and Autism Awareness Diploma from New Skills Academy (United Kingdom). She is empathetic and has the ability to work well in a team with good problem solving and decision making skills.

Dr. Franzina Coutinho, PhD is a pediatric Occupational Therapist; the Director of Inspirium Holistic Care & works as an Occupational Therapist at P.D. Hinduja Hospital and an Affiliate member at McGill University, Montreal. Her clinical work focuses on early intervention and creating therapy plans that promote therapeutic success through implementation of best practices.



Ms. Hetali Shah has been working in the field of pediatric Occupational Therapy for three years now. Certified in Sensory Integration from USC and also trained in Brain Gym 101 from Edu K, Handwriting without Tears (HWT) from No Tears Learning and Kinesio Taping from International Kinesio Taping Association.

Professional Development

Our faculty members undergo Professional Development Training every month to ensure that we are bringing best practices to the classroom for the students. They have worked on upskilling themselves all through the vacation to ensure Online Teaching & Learning is a seamless process.

In July 2020, our teachers, Aarti Mulani, Akshada Kulkarni, Rochelle Fernandes and Leena Kotwal attended a workshop on Concept Based Teaching and Learning (CBTL), conducted by Cathy Jones and Ted Cowan, High School Vice – Principals of the UWCSEA Singapore by Aditya Birla Education Academy. These faculty members went ahead and conducted the same session for all our staff on CBTL.