

THE ADITYA BIRLA INTEGRATED SCHOOL

OCTOBER - DECEMBER 2020
ISSUE - 02



“ART”

*Is something that makes you breathe
with a different kind of happiness...*
Anni Albers



“Be Kind Online”

Today social media is a natural part of our world; we use it to express our views and feelings, engage with the world and stay connected. According to a study from the Pew Research center more than 95% of teens are connected to the internet, and 85% are social media users. Children today have a social presence online, a "social image" that they portray to the world. But these are open platforms with very few regulations, it is very easy for other people to place hurtful and mean comments below a post especially when there is no accountability for your actions.

We all know that instances of cyber bullying have only escalated over the years but what's more troubling is that even adults have reported instances of bullying, harassment and in some cases stalking online. This tells us that not only is cyberbullying pervasive but it does not fade away as you get older therefore this becomes a societal issue. An important part to consider is the effects of cyberbullying on the mental health and well-being of an individual. Many students have reported that being bullied online has negatively impacted their self-image, their relationship with their friends & family and their school grades.

#BeKindOnline is an anti-bullying campaign to gear up kindness online by being mindful not only about the comments and messages we post but also paying attention to our own content and the social image we portray online. We are given a medium to interact with the entire world so how can we use our social media presence to actually make a positive impact. During the anti-bullying week, a panel of students from the Aditya Birla Integrated School sat down with their school counselor to have a discussion about social media, online bullying and different ways we can generate kindness instead of hatred online.



#BeKindOnline

A Panel Discussion on Anti Bullying

Date: 21st November 2020 | Timings: 11 am to 12 pm IST



Anmol Wale
Student, JCL1



Devansh Mehta
Student, JCL1



Ishika Bhatia
Student, JCL1



Krishay Shah
Student, SL2



Nalin Khare
Student, JCL1



Moderator:
Avaloranne D'souza
School Counselor:
The Aditya Birla Integrated School

Student Talent



After studying chapter on surrealism, cubism, pointillism, I experimented using Picasso's monochromatic concept, pointillism with a bit of cubism and Dali thrown in

It represents a dancer, showing movement and grace to bring the dance alive by the flow so the face in the background is brought alive

It is one painting in a series of 4.

Saira Jagtiani - Grade SL1



I started doing embroidery during my lockdown summer holidays in 2020. It is not only very enjoyable but it also helps to improve my attention and handwriting. I have learnt simple stitches like run-stitch, hemming, chain stitch and back stitch. I am looking forward to doing more embroidery during my next holidays.

Ananya Khaund - Grade 6

EXPERIENTIAL LEARNING
GRADE - PRE-PRATHAM, PRATHAM, GIP-3



Yummy, Yummy, In My Tummy!

A funfilled cooking activity towards preparation of a meal! This hand-on activity included grating cheese to prepare a yummy snack and chopping fruits. It helped the students to learn about the different food groups and sorting food items according to the sources of food.



Master chefs At Work

The students of Pratham created delicious dishes using the knowledge they had learnt about different kitchen tools and appliances.

Leaping Forward!



Students furthered their understanding of the amphibians and reptiles and its characteristics through a frog craft activity. They also used sensory materials like slime and bitter gourd to understand the texture of their skin.

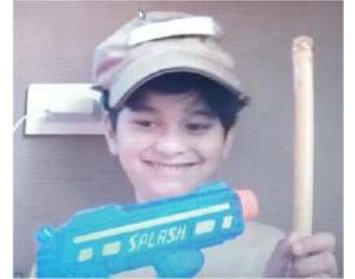
EXPERIENTIAL LEARNING
GRADE - EIP - 1, EIP - 2, EIP - 3, GIP - 4

Into the wild...



Students learnt about different types of animal life and their food habits in a playful way by face painting.

No job too big or small,
Community service helps all!



A fun and frolic role playing session to learn about community helpers.

Shine bright like a diamond!



Students learned about different shapes using toothpicks, matchsticks and clay.

Diwali Diya Making



Diwali festival was celebrated by engaging in a fun filled hands-on Diya painting art activity.



The students of DLP embraced their artistic side by creating their own snowman craft using common household items.

EXPERIENTIAL LEARNING
GRADE - 1, 2



English

Beautiful paper lanterns and diyas were created on the occasion of Diwali festival. This activity helps in improving fine motor skills, eye-hand coordination and concentration levels.

Science

Since 'learning by doing' is our motto, the students of Grade 2 had a fun way of learning about man-made sources of light. They loved making their colourful lanterns which were also used to decorate the house during Diwali festival..



Science

Students learnt about 'Light and Shadow' in a fun way by observing their own shadow in different light settings.

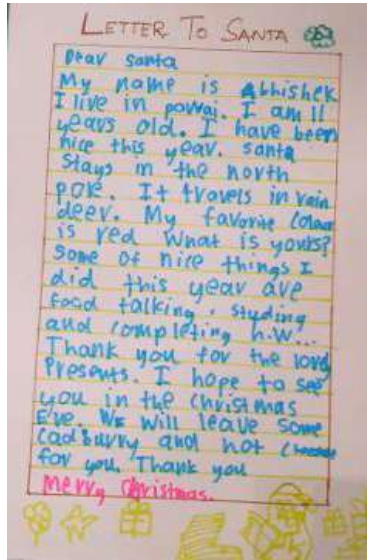


Math

The concept of 'Addition', was learnt by creating a 'plus sign' and a picture counting activity to find the sum of the objects was enjoyed during the Math session.

EXPERIENTIAL LEARNING
GRADE - 3, 6

Letter to Santa



Self Reflection



Students of Grade 3 wrote a letter to Santa as a part of their Remedial class. The objective of this activity was to improve their writing skills by exposing them to new vocabulary as they carefully completed the cloze passage.

The self-reflection trophy made by the students as part of their Remedial Lesson on Motivation, it involved them to review their good work and also reflect on their learning progress.

Get to know everyone: Facts and Opinions

Write down 5 facts about yourself and give 1 opinion about each of your classmates. Mention their name and then the opinion you have about them.

Rishad Vandrevale

- Five facts about me:**
1. I love playing with my dogs.
 2. I adore playing cricket.
 3. I love playing video games.
 4. I like playing the piano.
 5. I love playing with a tennis ball.
- Opinions about my classmates:**
- Jiya is a very kind and helpful girl.
 - Shivaina is very good at cooking.
 - Ananya is very supportive girl.
 - Craig is an excellent friend who use to play Jenga with me in school.
 - Keanu is very kind, good, intelligent and mature.
 - Parth is a superb friend who use to play catch with me in PE.
 - Aamir is an outstanding friend. He use to play cricket with me in school.

Ananya Khaund

- Five facts about me:**
1. I study in TABIS.
 2. My sister's name is Johnavi.
 3. I live in Sanpada, Navi Mumbai.
 4. My birthday is on 5th June.
 5. I am 12 years old.
- Opinion about my classmates:**
1. Rishad is very friendly and always makes me laugh.
 2. Parth is a good dancer.
 3. Jiya is a caring person.
 4. Craig is very intelligent.
 5. Aamir is very smart.
 6. Shivaina loves Harry Potter.
 7. Keanu is a handsome boy.

Jiya Soni

- 5 facts about me**
1. I like to listen to songs 🎵
 2. I go out and play with Cats 🐱
 3. Do all my homework on time
 4. Do drawing and painting 🎨
 5. Talk to my friends when I need help
 6. I am a foodie girl

Shivaina

- 5 facts about me**
1. I Like singing songs
 2. I Love animals
 3. I Am good at cooking
 4. I love my eyes
 5. I love traveling
- Opinion about my classmates:**
1. Parth is kind.
 2. Craig is very creative.
 3. Jiya is a very good friend.
 4. Keanu is very caring.
 5. Aamir can run faster than usain bolt.
 6. Ananya is very genuine.
 7. Rishad has it in him to become cricketer.

Craig

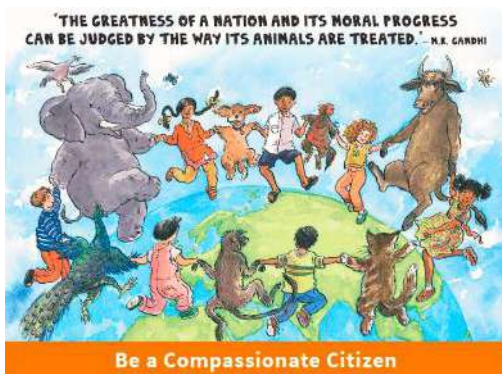
- 5 facts about me**
1. I love Lego.
 2. I like to draw.
 3. I like cats and dogs.
 4. I am smart.
 5. I can run fast.
- Opinion about your classmate:**
1. Jiya is good at drawing and painting.
 2. Amir is a good runner.
 3. Parth loves photography.
 4. Shivaina enjoys cooking.
 5. Ananya sings very well.
 6. Rishad is a fantastic cricketer.
 7. Keanu is a good golfer.

Parth

- 5 facts about me**
- 1) I love Apple products.
 - 2) I am tall
 - 3) I love photography
 - 4) My hair is better than any one
 - 5) I am blessed 😊
 - 6) here is the picture clicked by me.



Students of Grade 6 learning a new comprehension strategy of how to categorize details as either 'Facts or Opinions' while supporting their answers with evidence.



PETA Workshop - Guest Lecture

PETA India (People for Ethical Treatment of Animals) conducted a workshop for students of Junior school. It was an interactive visual session where posters and case studies were discussed to help our students develop respect and compassion towards animals and to protect the environment that we live in. The session ended with all the students taking a kindness pledge to help the animals and their environment.

EXPERIENTIAL LEARNING
GRADE - 3, 6, 7

EVS

Students enjoyed the activity of assimilating the pictures of Life cycle of a Frog and Butterfly, by putting them in order of sequence along with labelling them.



English

Students of Grade 7 get into the main character of a story from their syllabus and display their creativity by preparing a pin cushion as a birthday gift.

English

In the pursuit of learning about the 'Origins of Chocolate' as a part of their English Unit on Travels Far and Wide, Grade 6 students not only left their online classes salivating and hungry but also had the opportunity to whip up some delicious chocolate truffles to satisfy their sweet cravings.



Commerce

As Froebel said, "Our lessons ought to start in the concrete and end in the abstract". Following this maxim of teaching, Grade 7 students were familiarized with the role of transportation as an aid to trade by means of a hands-on craft activity. They created an airplane (passenger/ cargo) out of waste materials and discussed its importance in the field of commerce and trade.



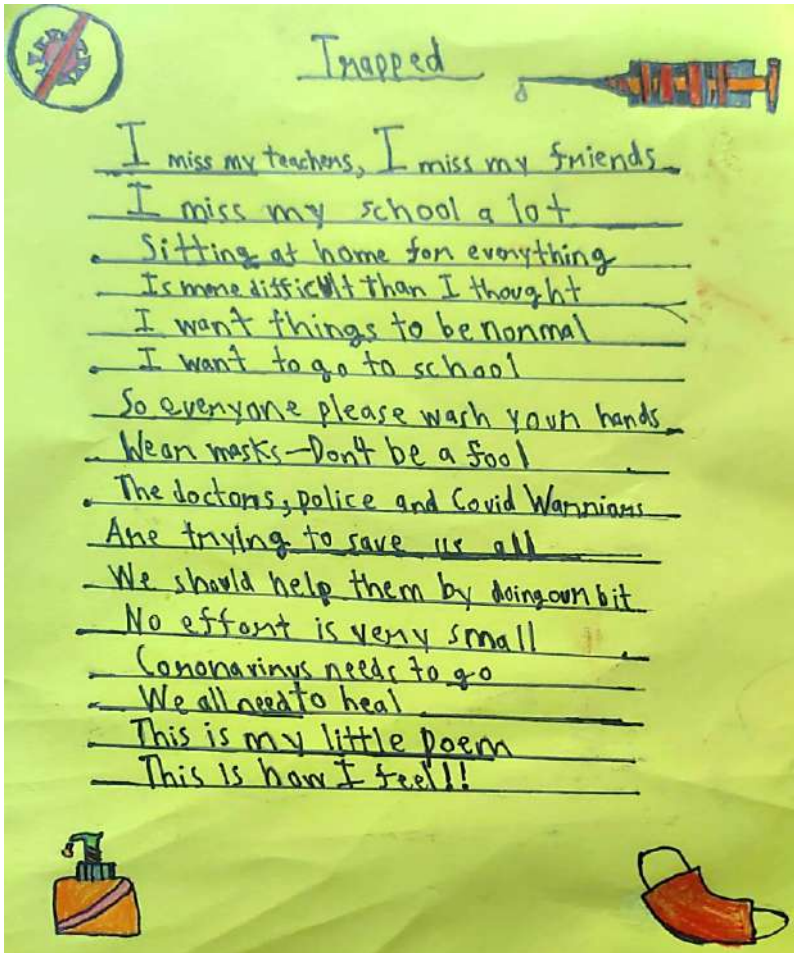
Functional Math

The students of Grade 8 were exposed to the skill of data collection and sorting data with the help of Oreo cookies.



English

In an endeavour to arouse interest in the students of Grade SL1 for the content taught and to help them see the beauty of literature syllabus, they were put into a poet's shoes and were instructed to create an original piece of art that we call poetry.



Home Science

Students of grade Junior College Level 2 were given a hands-on experience in aesthetics at home, wherein they created a beautiful rangoli using cereals and pulses. Later they cooked delicious and nutritious meals using the same cereals and pulses. This activity helped students to develop problem solving skills as well as use the resources available with them optimally. So next time you are in a hurry to decorate your house, use this trick!

Healthy Living

Mrs. Akruti Madani conducted a guest lecture for the students of Grade Secondary Level - 2 stressing on the importance of including nutrients in their daily life. They had an interactive and enlightening discussion on topics such as achieving immunity during a pandemic, intermittent fasting and late-night snacking. The session forced students to rethink their diet and health choices and set new goals.

Regulating quantity of food and improving eating timetable. - Hussain Busavalwala

Including more fruits in the diet and engaging in regular exercise. - Kaizaan Khambatta

Following a structured eating timetable and increasing water intake. - Jhanvee Duggal and Zainab Patrawala

Eating less fried food and adding more fruits to diet. - Kritin Vig

“The session created awareness about career opportunities available in the field of Radio Broadcasting.” - Anmol Wale

“It gave me a clear picture of what are the prerequisites of becoming a radio jockey, stressing on the importance of fluency and good hold on language.” - Nalin Khare

All India Radio

Bahujanahitaya Bahujanasukhaya means ‘in the interest of all lies happiness of all.’

Students of Grade Junior College Level 1 had an interactive session with Mr. G. Shyam - Senior announcer at Akashwani studio and Radio jockey of FM Gold.

Mumbai Grahak Panchayat

The Education Wing of the Mumbai Grahak Panchayat conducted a workshop for the students of grades Secondary Level 1 to Junior College Level 2 on Consumerism. The workshop was aimed at creating awareness amongst students about consumer rights and responsibilities, prevention of online frauds and identification of misleading ads.

“It taught me how to avoid online frauds - Vaneesha Wadhwa

“With the help of real life examples the workshop made us aware about the procedure of filing a complaint in consumer court.”

- Vatsal Moondra

“I was happy to know about various perks and benefits an employee receives apart from the salary. - Aryan Sansare

“The workshop enabled me to understand the process of an interview from the management’s point of view. - Nalin Khare

Role of HR in an Organization

A workshop on the topic of ‘HR and its role in an organisation’ was conducted by Mrs. Aparna Pandey for the students of Junior College Level 1 & 2. The students were exposed to the various tasks performed by an HR, such as, staffing, training, motivating etc.

Key points...

Mastering Chess

1. When you see a good move, look for a better one.
2. Do not hurry to make a move
3. Take your opponent to unknown grounds.
4. Calm your nerves!
5. Control your mind.

A theater artist must...

1. Observe & Learn from People, Situations, experiences that surround them
2. Be a good Listener
3. Work as a Team Player
4. Be Disciplined
5. Perform with Honesty & Heart

Fit Kid - Unlimited possibilities

1. Get creative! You can find some fun and useful props if you look around your house.
2. Repeat what we do together in class.
3. Ensure your kid engages in daily physical activity.
4. Think about activities that they would enjoy doing.
5. Play some music and let them groove!

Physical Education - Healthy Me, Happy Me

1. Practice yoga
2. Meditate
3. Eat healthy
4. Practice stretching exercises
5. Stay positive!

Key points...

Speech and Language Therapy

1. Follow your child's lead.
2. Use board games, toys and structured or unstructured play to teach vocabulary and language.
3. Prompt the children only when necessary. Levels of prompting must reduce over time.
4. Facilitate generalization of skills by encouraging children to utilize newly learned skills outside the classroom and therapy environment.
5. Implement structure by use of visual aids, video models and social stories.

Behaviour Therapy

1. Conduct a preference assessment to find out what can be used as a reward to increase desired behaviours. Reinforcer for one child can be a punisher for another.
2. Reinforcement should always be given immediately and consistently following the desired Behaviour.
3. Keep the demands very specific.
Saying, "I want you to complete your work to take a break" is not a specific demand
Instead use statements like "I want you to finish 5 more questions and then you can take a break"
4. Prepare the child before an unexpected situation to avoid challenging behaviours. Do not Reward the wrong behaviour.
5. Training sessions should always be brief, fun and interesting.

Occupational Therapy

1. OT should be fun, motivation through play can help improve a child's participation.
2. Have a good combination of brain breaks between sit down tasks.
3. Visual lists and structure are helpful to decrease a child's anxiety.
4. Heavy work is a therapists' and child's friend.
5. Provide the child with the just right challenge.



“Welcome To Our New Staff”

Arshi Sayed is a special educator who is specialized in Autism Spectrum Disorder. She is enthusiastic, focused and confident. Arshi also likes to cook and paint.



Ritika Yadav is a special educator having 3 years of experience in dealing with students with diverse learning needs. She is cheerful and an enthusiastic team player. Ritika also likes travelling and photography.

EMPLOYEE ENGAGEMENT PROGRAM

The employees of The Aditya Birla Integrated School, The Aditya Birla World Academy, MPower and the Aditya Birla Education Academy are privileged and given the opportunity to attend the employee engagement sessions conducted twice a month on a Friday. The employee engagement session is organized by the Human Resource team comprising of Ginella Nunes (TABIS), Neha Jamwal (ABWA), Kavita Pandey (MPower) and is led by Amruta Mane- Head of HR at The Aditya Birla Education Trust (ABET). These sessions are well planned, curated and organized, keeping in mind the overall well-being of the employees. The employees find these sessions engaging and rejuvenating. It is a time where they unwind, enjoy and learn new skills from experts as well as exchange ideas and collaborate with each other during activities. Recently, HR World from the economic times featured an article on ‘How organizations are creating an inspired and engaged workforce in these stressful times’ where a special mention has been given to the purpose and positive response of the employee engagement sessions at ABET.



“Birthdays are time to celebrate”



EIP - 1	Noyonika Mandal	26 th Oct	Grade 6	Keanu Dadyburjor	1 st Oct
EIP - 2	Vivaan Jain	28 th Nov	Grade 6	Rishad Vandrevale	1 st Oct
GIP - 1	Punya Mehta	5 th Oct	Grade 6	Jiya Soni	30 th Oct
GIP - 1	Naksh Mulchandani	4 th Nov	Grade 7	Aarvan Talreja	2 nd Dec
GIP - 2	Insiya Lala	3 rd Dec	Grade 7	Dev Kothari	17 th Dec
GIP - 3	Vihaan Tiwari	7 th Oct	Grade 8	Uddhav Ruparel	11 th Oct
GIP - 3	Madhav Kalra	19 th Nov	Grade 8	Behram Moos	5 th Sep
GIP - 3	Vipschit Chawre	27 th Nov	Grade 8	Sumehra Vahanvanty	19 th Dec
GIP - 4	Dhwaj Jain	30 th Oct	Grade 8	Kinana Contractor	28 th Dec
GIP - 5	Mitali Kaul	24 th Oct	Grade SL1	Zidane Khan	2 nd Dec
PRATHAM-Prep	Samrin Bilakhya	2 nd Dec	Grade SL1	Soham Charaborty	10 th Oct
PRATHAM	Viraat Shetty	10 th Nov	Grade SL2	Zainab Patrawala	11 th Dec
PRATHAM	Hetansh Shaparia	11 th Nov	Grade JCL 1	Vaneesha Wadhwa	8 th Dec
PRATHAM	Kiha Dhameliya	19 th Nov	Grade JCL 1	Nalin Khare	4 th Oct
PRATHAM	Saumil Agarwal	6 th Oct	Grade JCL 1	Aroush Datta	25 th Oct
PRATHAM	Arya Morabia	7 th Dec	Grade JCL 1	Vatsal Moondra	9 th Dec
Grade 1	Arjun Annamwar	30 th Oct	Grade JCL 1	Anmole Wale	9 th Dec
Grade 4	Shaurya Vira	25 th Nov	Grade JCL 1	Devansh Mehta	7 th Nov
Grade 5	Vivaan Pithaval	15 th Nov	Grade JCL 1	Kiara Rawat	8 th Oct

“Soham Chakraborty of grade Secondary Level 1 was profoundly impacted by a topic taught in Literature syllabus. He emailed his teacher saying, *The children of today are the builders of a better tomorrow*. Here are his words, innocent and empathetic.

“‘Minds matter class provides us with a safe space to express ourselves. It leads us onto the journey of self acceptance.’
- Saira Jagtiani - Secondary Level 1

Thank You
Teachers

“‘Minds matter has helped me to better regulate my emotions and thoughts. It has encouraged me to overcome my obstacles and seek help whenever necessary.’
- Jhanvee Duggal - Secondary Level 2

CIRCLE TIME - STUDENT LEARNING



Shaunak Joshi - Grade 4



K.V.Abhishek - Grade 3



Bhavyanshu Dehia - Grade 5



Aanya Kalbag - Grade 3



Hatim Dohadwala - Grade 4



Arjun Annamwar - Grade 1



Rohan Shah - Grade 4



Vivaan Pithavala - Grade 5

Good stories surprise us. They make us think and feel. The students of Grade 7 posing with their reader after a fun story reading session during circle time.

In yet another circle time activity, students of Grade 7 were taken on a journey of self-awareness. They were asked to identify a similar characteristic they shared with their favourite fruit or vegetable. It helped the teacher to identify how they felt about themselves and intervene if necessary.



Arvaan Talreja - Grade 7



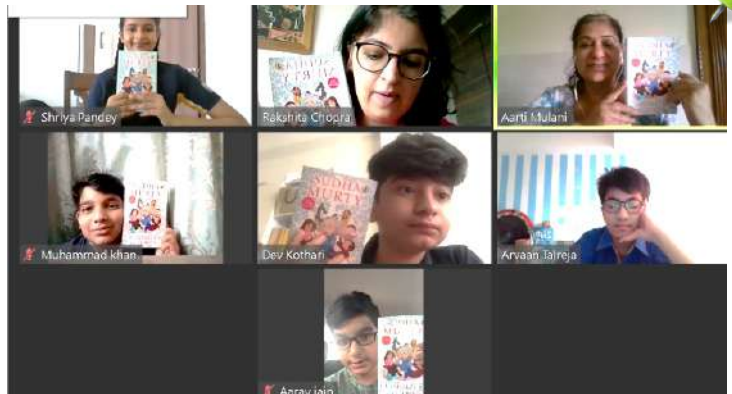
Shriya Pandey - Grade 7



Dev Kothari - Grade 7



Muhammad Khan - Grade 7



Grade 7



Christmas Celebration



Soaking in the spirit of Christmas, the students and teachers of TABIS participated in different workshops such as making yummy Christmas-themed sweet and savory items, exhibiting their creativity in designing Christmas crafts, and last but not least the melodious singing of Christmas carols.

TALENT CELEBRATION - THE ADITYA BIRLA INTEGRATED SCHOOL

Student Talent

Christmas is a celebration time of the year. Our little children love showcasing their talent and spread cheer. Here is Wayd Rebello, our extremely cute and cheerful little kiddo who cannot contain his Christmas excitement.

<https://drive.google.com/drive/folders/1gkxRmF3tW476E93QzIOk1btGRCcUo-PG>

Teacher Talent

Our teachers are always happy to share their knowledge with the society
Links for the same are shared with you;

Date	Publication	Topic	Author	Link
06-Nov-20	BW Education	How Schools Are Focusing On The Mental Wellbeing Of The Students	Avalanne D'souza	http://bweducation.businessworld.in/article/How-Schools-
16-Nov-20	The Indian Express	How to know if your child has special needs	Piya Marker	https://indianexpress.com/article/parenti
09-Dec-20	India Today Education	Understanding emotions of a student through their facial	Pramila Mankikar	https://www.indiatoday.in/education-
10-Dec-20	Education World	Strategies for educators to deal with dyslexia in the	Aisha Bharmal	https://www.educationtimes.com/article/
14-Dec-20	India Today Education	Here's how you can manage hyperactive children in times	Purvi Gandhi	https://www.indiatoday.in/information/sto
25-Dec-20	India Today Education	5 learning disabilities that teachers should look out for	Piya Marker	https://www.indiatoday.in/education-

Thanks Giving Wall

Visit the link : <https://padlet.com/ManjuSP/7mkov8vnqew7rlk2>



We are happy to share that The Aditya Birla Integrated School has been ranked the No. 1 Special Needs School in India by @ewportal for the year 2020-21.